



NSWRL COVID-19 Media Policy

1 January 2023

The NSWRL is advising media of the following guidelines for its competitions to assist with the health and safety of players, club employees and officials, match officials, spectators, and members of the broadcast media and general media, in response to the coronavirus pandemic.

The guidelines are based on current health advice and are designed to maintain a safe workplace and limit the spread of COVID-19.

It is important that any media covering NSWRL competitions adheres to these guidelines. Any breach could result in accreditation for the 2023 NSWRL season being suspended or revoked.

Symptoms of COVID-19

Symptoms of COVID-19 can range from mild illness to pneumonia. Some people will recover easily, and others may get very sick very quickly. People with COVID-19 may experience symptoms such as:

- Fever;
- Respiratory symptoms;
- Coughing;
- Sore throat;
- Shortness of breath

Other symptoms can include a runny nose, headaches, muscle or joint pains, nausea, diarrhoea, vomiting, loss of sense of smell, altered sense of taste, loss of appetite and fatigue.

To stop the spread of COVID-19 people with even mild symptoms of respiratory infection are encouraged to undertake a COVID-19 test.

What if I suspect I have symptoms of COVID-19?

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- It is critical that if you feel unwell you should not cover any NSWRL events or matches. This includes even the mildest of symptoms.
- Media should take every precaution to not spread a possible case of COVID-19.

What if I am diagnosed with COVID-19?

- You must follow the current advice of NSW Health at www.nsw.gov.au/covid-19/testing-managing

How media organisations can maintain COVID-19 safe practices

- Do not attend a NSWRL event or match if you are unwell or experiencing even the mildest of symptoms of COVID-19;
- Maintain physical distancing of 1.5m wherever possible;
- Practice good hygiene measures including regular handwashing;
- Comply with any specific directions or instructions provided by NSWRL

Any questions should be directed to shoneysett@nswrl.com.au